

Good Faith Estimate

On January 1, 2022, a ruling went into effect called the "No Surprises Act" which requires health care providers to render a "Good Faith Estimate" (GFE) for private pay care (those who are not using insurance nor will seek reimbursement from insurance). The GFE works to show the cost of items and services that are reasonably expected for your health care needs. The estimate is based on information known at the time it is created and is good until January 1st of the following year. The GFE does not include any unknown or unexpected costs that may arise during treatment. You could be charged more if complications or special circumstances occur and will be provided a new GFE should this occur. If this happens, federal law allows you to dispute (appeal) the bill if you and your therapist have not previously talked about the change and you have not been given an updated GFE. Under Section 2799B-6 of the Public Health Service Act (PHSA), health care providers and health care facilities are required to inform individuals who are not enrolled in a plan, coverage, or a Federal health care program, or who are not seeking to file a claim with their plan or coverage both orally and in writing of their ability, upon request, or at the time of scheduling health care items and services to receive a GFE of expected charges.

For questions or more information about your right to a Good Faith Estimate, visit <http://www.cms.gov/nosurprises>.